



JHS BAND NOTES

JAMESTOWN HIGH SCHOOL BAND

July 15, 2019

Upcoming Rehearsal Schedule

Wednesday, July 17	Rehearsal 6:00 – 9:00PM JHS
Monday, July 22	Uniform Fittings JHS
Tuesday, July 23	MINI CAMP 9AM-4PM
Wednesday, July 24	MINI CAMP 9AM-4PM; 6PM-9PM
Thursday, July 25	MINI CAMP 9AM-4PM

**See you next Wednesday
for our Parent Meeting!**

8PM JHS Auditorium

Candy Bar Fundraiser


Money is now overdue for the required candy & for opting out. If you took extra boxes keep selling! We do still have boxes if you'd like to fundraise for your child's account!

I encourage you to write a check for all candy and keep the cash. This helps me A GREAT DEAL! **PLEASE...NO CHANGE. BILLS OR CHECKS ONLY. CHANGE WILL NOT BE ACCEPTED. THANK YOU! ☺**

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Car Wash #1 – A HUGE SUCCESS!

Our first car wash was a huge success! Here are the results:

	#1 – Jock Shop	\$571.10
	#2 – Kmart	\$403
	#3 – Zion Covenant	\$349.18
	#4 – Holy Trinity*	\$284.22
		=\$1607.50!

The "Most Energetic Sign Holder Award" goes to the students at **Zion Covenant!**



GREAT JOB!!! Don't forget, Opt Out = \$15 per shift (\$30 for both shifts). This money is due July 29th.

Car Wash #2 is July 27th. Please contact Roxanne Soldano, Car Wash Chairperson (640-6580) if you have any questions.

Uniform Distribution – Monday, July 22 @ JHS

WINDS & PERCUSSION ONLY – NO COLOR GUARD

9:00AM – 9:45AM – All Seniors

9:45AM – 10:30AM – All Juniors

10:30AM – 11:00AM – Sophomores A – L

11:00AM – 11:30AM – Sophomores M – Z

11:30AM – 12:00PM – Freshman A – L

12:00PM – 12:30PM – Freshman M – Z

12:30PM – 1:15PM – 8th Graders A – L

1:15PM – 2:00PM – 8th Graders M – Z

*I need parent help with fittings!
If you are willing to help please
contact Mrs. Murray ASAP!
Thank you!*

STUDENTS MUST COME WEARING:

- ✓ Squad Shirt (No other t-shirt acceptable)
- ✓ Gym shorts – NO DENIM
- ✓ LONG black socks (soccer or basketball style/tube socks)
- ✓ Hair done for the hat
 - Any hair that hangs below the top of the ear must be pinned up.
 - Anyone with long hair must have it French braided – either one braid down the back or two braids down on each side.
 - If you have any concerns with how to put your hair up please ask Mrs. Murray this week
- ✓ **Come knowing your exact height and weight**

Students who come unprepared will be sent home to correct it!

*Veterans members can plan on a 20-minute fitting

*New members can plan on a 30+ minute fitting

Mini Camp 2019

Next week is Mini Camp! It's hard to believe! Here are a few reminders:

*Be prepared!

- Know your music (songs 1 & 2)
- Always wear your drill book & have it filled out CORRECTLY (we will help you with this)
- Have a pencil at all times
- Have your coordinate sheet with you in your drill book
- Dress appropriately – be prepared for all weather (sun, rain, heat, cold). Dress in layers and comfortably. DON'T FORGET A HAT & SUNSCREEN!
- Water jugs!

*Get to bed early and eat well – we need you at 100%!

NEW THIS YEAR – Lunch for all three days will be provided. We will eat together in the cafeteria!
All students MUST STAY FOR LUNCH.

We will have a dinner break on Wednesday – students must leave for this break.

MANDATORY PARENT MEETING – Wednesday 8PM JHS Auditorium

Attendance will be taken!

Optional Fundraiser

Orders and money for this fundraiser are due **JULY 24TH** (OUR NEXT PARENT MEETING)

***PLEASE WRITE ONE CHECK FOR ALL ITEMS (Jamestown Band & Chorus Association, Inc.)**

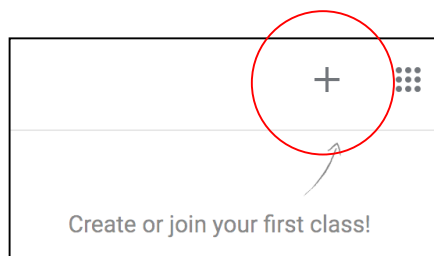
Practice Expectations

It is the staff's expectation that your child practices regularly at home. At this point students should have all warm ups learned and Song 1 memorized. Song 2 will need to be memorized by NEXT WEEK! They should also be able to play though Autumn, Star Spangled Banner and On Red Raiders with music. *Please continue to encourage at-home practicing. There is only so much we can do at rehearsal! If we want to be successful the students MUST work outside of rehearsal!!*

Google Classroom

Students – recordings for *individual* parts for Songs 1 & 2 are now in the Google Classroom!

Go to **classroom.google.com**. Students should log into their school Google account. Click on **JOIN CLASS** and put in the code.



CODE: ovnecw

Queen/BPO Concert – Friday!

We hope to see you at the Reg Lenna on Friday for the BPO/Queen Concert! *There are only a few tickets left!* This concert has pretty much SOLD OUT! This is awesome news for us! Thank you to everyone who purchased a ticket! It should be a great night!

JHS Marching Band Apparel














This Thursday the Apparel store goes live online! This is your chance to purchase your Red Raider Marching Band t-shirts, sweatshirts, fleeces, hats, beanies, duffle bags, and lots more! **This online store will be open until August 4th and WILL NOT reopen!** Here is the link! I will email it also so you can just click on it.

<http://embroidereddesignbydebbie.tuosystems.com/stores/jamestown-red-raiders-marching-band-2018>

Marching Band Workout – Week 2

Here is Week 2 of the Marching Band Workout. Again, this comes from **Marching Health** (like them on Facebook! @MarchingHealth) and will make our group strong for the season!

It is to be done 3 times a week with 1 rest day in between.

3 ROUNDS			
ARM CIRCLES X25 	JUMPING JACKS X25 	HAMSTRING ROCKS X10 	
2 ROUNDS			
SINGLE LEG STANCE EYES OPEN X30 EACH SIDE 	SLS EYES CLOSED X30 EACH SIDE 	SLS EYES OPEN ON TOES X30 EACH SIDE 	
2 ROUNDS			
HIP FLEXION X30 	HIP ABDUCTION X30 	HIP EXTENSIONS X30 	
3 ROUNDS			
TALL PLANK X30 SEC 	BRIDGES 5 SEC X15 	BENT OVER T'S X15 	LUNGES X10 
5 ROUNDS			
RUN 1 MINUTE			
WALK 1 MINUTE			

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8PM JHS Auditorium*

MEGHAN MURRAY, DIRECTOR
483-4217
MEGHAN.L.MURRAY@JPSNY.ORG

MARC LENTSCH, ASSOCIATE DIRECTOR
483-4406
MARC.A.LENTSCH@JPSNY.ORG